

# DR. ALLISON M DALY, PT

## EDUCATION

LOUISIANA STATE UNIVERSITY HEALTH SCIENCES CENTER & PT PROS, INC. <i>Shreveport, LA and Hazard, KY - Residency in Orthopaedics &amp; Practice Management</i>	2009-2010
LOUISIANA STATE UNIVERSITY HEALTH SCIENCES CENTER <i>New Orleans, LA - Doctorate in Physical Therapy</i>	2006-2009
TEXAS A&M UNIVERSITY <i>College Station, TX - BS in Kinesiology - Applied Exercise Physiology</i>	2001-2006

## EXPERIENCE

FOUNDER & LEAD PHYSICAL THERAPIST <i>Optimal Kinetics, LLC; New Orleans, LA</i> <ul style="list-style-type: none"><li>Established a niche-market cash-based Physical Therapy private practice focused on traditional manual therapy &amp; mindful movement-based therapeutic exercise</li><li>Created &amp; implemented continuing education programs for local Pilates &amp; Yoga studios teaching anatomy, biomechanics, common musculoskeletal pathology, and contraindications/modification of specific exercises</li></ul>	2010-present
PILATES INSTRUCTOR <i>Precision Pilates; Shreveport, LA</i> <ul style="list-style-type: none"><li>Instructed private clients in Pilates Reformer, Mat, and Chair.</li></ul>	2009-2010
GROUP EXERCISE INSTRUCTOR AND STUDENT WORKER <i>LSUHSC Wellness Center; New Orleans, LA</i> <ul style="list-style-type: none"><li>Prepared and instructed group exercise classes in the modalities of Pilates, strength training, aerobics, and indoor cycling</li><li>Performed wellness screenings and managed front desk administrative tasks</li></ul>	2006-2009

## LEADERSHIP

NEW ORLEANS DISTRICT CO-CHAIR <i>Louisiana Physical Therapy Association</i> <ul style="list-style-type: none"><li>Attended LPTA Board Meetings and Leadership Retreats</li><li>Organized district meetings to disseminate association news</li><li>Launched PT Pub Night social meetings</li></ul>	2013-2015
ALTERNATE DELEGATE TO APTA HOUSE OF DELEGATES <i>Louisiana Physical Therapy Association</i> <ul style="list-style-type: none"><li>Elected to represent Louisiana at APTA House of Delegates</li><li>Discussed and debated with fellow colleagues across the nation legislation that affects the future of the Physical Therapy profession</li></ul>	2010, 2011, 2014
STUDENT INTERN <i>APTA Government and Payment Advocacy Unit; Alexandria, VA</i> <ul style="list-style-type: none"><li>Observed advocacy leaders in action at APTA headquarters and Capitol Hill</li><li>Represented students across the nation in a Grassroots panel to develop the APTA Toolkit for Advocacy, distributed to all state Government Affairs Committee Chairmen</li><li>Developed an online blog resource for recruitment of future interns</li></ul>	January 2009
APPOINTED REPRESENTATIVE - PT POLITICAL ACTION COMMITTEE <i>APTA Student Assembly</i> <ul style="list-style-type: none"><li>Collaborated with APTA PT-PAC Director to develop National Student Conclave fundraiser</li><li>Initiated development of "Capitol Corner," a column in the Student Assembly Pulse Newsletter that highlights actions of the APTA Government and Payment Advocacy Unit</li></ul>	2008-2009
MENTOR <i>APTA Student Mentoring: Achieving and Reaching Together</i> <ul style="list-style-type: none"><li>Advised students regarding leadership experience and APTA involvement</li></ul>	2008-2009



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## CO-FOUNDER

### *LPTA Student Special Interest Group*

2008-2009

- Initiated petition, researched by-laws, established core documents, and presented proposal to LPTA Board of Directors
- Organized and Conducted officer elections
- Co-developed and maintained the group webpage
- Developed and authored Student Speak, a column that is now a permanent part of the LPTA Bayou Bulletin Newsletter through which SSIG officers communicate with student members

## GROUP PANEL SPEAKER, COMBINED SECTIONS MEETING

### *Getting to Yes! Fostering Service for Component Leadership*

February 2009

- Chosen to represent Generation Y on a four generation panel discussion of communication and recruitment of leaders by APTA's Health Policy and Administration Section

## USHER

### *APTA House of Delegates*

July 2008

- Delivered motions between delegates and leadership
- Disseminated communication materials to all delegates

## ELECTED MEMBER - NOMINATING COMMITTEE

### *APTA Student Assembly Board of Directors and Nominating Committee*

2007-2008

- Recruited and slated 30 candidates for 2008-2009 Student Assembly Board of Directors and Nominating Committee from across the nation
- Communicated with APTA Component Section Leadership as a liaison to the Student Assembly
- Collaborated with fellow Student Assembly Board of Directors to produce Student Membership Survey and Survey Analysis to increase APTA membership retention post-graduation

## LOUISIANA'S HEAD LIAISON FOR GOVERNMENT ADVOCACY

### *APTA Student Assembly*

2007-2008

- Promoted awareness of the Physical Therapist Student Loan Repayment Eligibility Act
- Initiated student letter campaign to increased Louisiana U.S. Representative co-sponsors

## APTA/LPTA REPRESENTATIVE

### *LSUHSC New Orleans DPT Class of 2009*

2006-2009

- Represented class constituents at LPTA Board of Directors Meetings
- Assisted class fundraising chair in planning events for state conferences

## PRESIDENT

### *LSUHSC New Orleans DPT Class of 2009*

2006-2009

- Acted as a liaison in communicating class concerns with faculty members
- Established conference attendance fund to aid student travel expenses to APTA conferences
- Initiated Inaugural Wellness Fair - a class community service event that will be carried out each year by every DPT class at LSUHSC New Orleans

## HONORS

### 2015 APTA EMERGING LEADER

*Top 27 Emerging Leaders in the USA*

### 2013 INNOVATIVE PHYSICAL THERAPY PRACTICE MODEL AWARD

*FIRST ANNUAL APTA Innovation Summit*

*Top 18 Innovative Practice Models in the USA*

### DEAN'S AWARD CANDIDATE

*LSUHSC New Orleans School of Allied Health*

*DPT Class of 2009*



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## REFERENCES

SHARON DUNN, PT, PHD, OCS

*President, American Physical Therapy Association*

*Program Director, Department of Physical Therapy, LSUHSC Shreveport*

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